

Dr. Kuntal Thakur

Article	Journal/Book	Year
Effects of Gymnastic Activities on Selected Physical and Psychological Parameters of School Boys, Vol. 8, No. 1&2, pp.21-31.	Unmesh (ISSN No: 0974-9829)	2012
Effects of Gymnastic Activities on Selected Psychological Parameters Of School Boys, Vol. 4, No. 2, pp.118-122.	AMASS (ISSN No: 0975-3966)	2012
A Comparative Study on Self-Concept and Attitude of State Level Gymnasts, Footballers and Yogic Practitioners, Vol. 2, No. 1, pp.96-103.	CAPITAL (ISSN No: 2277-8519)	2012
Effects of Yogic Treatment on Socialability Among School Dropped-Out Boys, Vol. 4, No. 2, Pp.1-6.	Journal of Health and Fitness (ISSN No: 0975-9409)	2012
A Comparative Study of Yogasanas and Gymnastic Activities on Selected Physical Variables of School Boys	International Conference, BHU. (ISBN:92-8867-511-8)	2012
A Study on Self-Concept and Attitude of State Level Gymnasts, Athletes and Yogic Practitioners, Vol. 2, No. 1, pp.96-103.	IJOBSMS (ISSN No: 2277-7547)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Self-Concept and Attitude Among State Level Male Players Vol. 4, No. 4, pp.12-15.	IJIRA (ISSN No: 2249-5029)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Self-Concept of School Boys, Vol. 2, No. 2, pp.47-53.	IJOBSMS (ISSN No: 2277-7547)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Attitude of School Boys, Vol. 2, No. 3, pp.51-52.	Global Research Analysis (ISSN No: 2277-8160)	2013
Effects of Gymnastics Activities on Selected Physical Parameters of School Boys, Vol. 1, No. 1, pp.66-73	IJHNPE (ISSN No: 2320-3552)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Flexibility of School Boys, Vol. 1, No. 2, pp.19-23	Journal of Health and Fitness (ISSN No: 0975-9409)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Body Composition of School Boys, Vol. 9, No. 1, pp.1-6	IJHPECSS (ISSN No: 2231-3265)	2013
Effects of Surya Namaskara on Selected Psychological Parameters of School Boys, Vol. 3, No. 4, pp.65-69.	IJHSR (ISSN No: 2249-9571)	2013

Effects of Hatha Yoga on Selected Psychological Parameters of School Girls, Vol. 4, No. 2, pp.1-6.	Journal of Health and Fitness (ISSN No: 0975-9409)	2013
A Comparative Study of Yogasanas and Gymnastic Activities on Self-Concept Attitude and Socialability of School Boys, Vol. 5, No. 1, pp.99-110.	AMASS (ISSN No: 0975-3966)	2013
A Study on Pre-Competitive and Post-Competitive Anxiety Level of National Level Yogic Practitioners, Vol. 2, No. 6, pp.34-36.	Global Research Analysis (ISSN No: 2277-7547)	2013
A Study of Hatha Yoga on Selected Physical Parameters of School Boys, Vol. 1, No. 2, pp.18-25.	IJHNPE (ISSN No: 2320-3552)	2013
Effects of the Yogasanas on the Socialability of School Boys, Vol. 2, No. 3, pp.9-13.	IJOBSMS (ISSN No: 2277-7547)	2013
Sound Body in a Sound Mind: A Gift of Meditation, Vol. 2, No. 1, pp.62-64.	IJOMESS (ISSN No: 2278-0793)	2013
A Study on Pre-Competitive and Post-Competitive Anxiety and Aggression of National Level Yoga Performers, Vol. 11, No. 1, pp.87-91.	IJHPECSS (ISSN No: 2231-3265)	2013
Effects of Meditation on Socialability and Self-Concept Among School Girls, Vol. 2, No. 1, pp.62-64.	IJHPECSS (ISSN No: 2231-3265)	2013
A Comparative Study on Selected Physical Fitness Components Among State Level Footballers and Volley Ballers, Vol. 2, No. 1, pp.62-64.	IJPEHSS (ISSN No: 2278-716X)	2013
A Comparative Study on Selected Flexibility Measures on State Level Gymnasts Footballers and Yogic Practitioners, Vol. 2, No. 2, pp.97-108.	IJPEHSS (ISSN No: 2279-0306)	2013
The Effects Of Gymnastics Activities On Selected Flexibility Measures Of School Boys, Vol. 2, No. 5, pp.70-71.	IJSR (ISSN No: 2277-8179)	2013
Effects of Surya Namaskara on Selected Psychological Parameters of School Girls.	National seminar on Fitness, Yoga and Rehabilitation in the Modern Era. Gwalior. (ISBN: 978-81-89983-65-9)	2013
Effects of Yogasanas on Socialability and Attitude of School Boys-	National Seminar, UCTC Berhampore. (ISBN: 978-81-923488-8-9)	2013
A Comparative Study on Self-Concept And Attitude of State Level Athletes Footballers and Volleyballers-	National Seminar, Haldia Govt College. (ISBN: 978-81-22957-7-0.)	2013

A Comparative Study on Resting Pulse Rate and Anxiety Profile Among Different Ball Game Players, Vol. 4, No. 11, pp.19-20.	IJAR (ISSN No: 2249-555X)	2014
Relationship Between Resting Pulse Rate and Anxiety Among Footballers Volleyballers and Basketballers, Vol. I, pp.34-37.	JOPER (ISSN No: 2394-4056)	2014
Assessment of Resting Pulse Rate and Resting Pulse Rate and Anxiety Profile of the Players Belonging Different Ballgames, Vol. 16, No. 1, pp.20-24.	IJHPECSS (ISSN No: 2231-3265)	2014
Effects of Meditation on Stress Among Working Women and Men, Vol. 1, No. 1, pp.26-30.	IJLSSS (ISSN No: 2394-9724)	2014
Effects of Yogasanas on Selected Physical and Psychological Parameters of School Boys, Vol. XLIII, No. 4, pp.285-295.	Yoga Mimamsha (ISSN No: 2394-9724)	2015
A Comparative Study on Yogic Treatment on Socialability Among Regular And Dropped Out School Boys, Vol. 2, No. 1, pp.65-70.	JOPER (ISSN No: 2394-4056)	2015